Notice of Privacy Practices for Protected Health Information

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully!

The offices of Abundant Heaven Traditional Chinese Medicine are permitted by federal privacy laws to make uses and disclosures of your health information for purposes of treatment, payment and health care operations. Protected health information is the information we create and obtain in providing our services to you. Such information may include documenting your symptoms, examination, and test results, diagnoses, treatment, and applying for future care or treatment. It also includes billing documents for those services.

Examples of Uses of Your Health Information for Treatment Purposes are:

- A practitioner obtains treatment information about you and records it in a health record.
- During the course of your treatment, the practitioner determines he/she will need to consult with another specialist in the area. He/she will share the information with such specialist and obtain his/her input.
- If you choose, the office may send you appointment reminders via e-mail. Additionally, you may contact your practitioner via e-mail to discuss health concerns.

Examples of Use of Your Health Information for Payment Purposes:

• We submit requests for payment to your health insurance company. The health insurance company (or Shafer Medical Billing & Practice Management, who assists us in verifying benefit eligibility and obtaining payment) requests information from us regarding medical care given. We will provide information to them about you and the care given.

Examples of Use of Your Information for Health Care Operations:

- We obtain services from our insurers or other business associates such as quality assessment, quality improvement, outcome evaluation, protocol and clinical guideline development, training programs, credentialing, medical review, legal services, and insurance. We will share information about you with such insurers or other business associates as necessary to obtain these services.
- We do not sell, trade, or rent your personal identification information to others. We may share generic aggregated demographic information not linked to any personal identification information regarding patients with our insurers or other business associates for the purposes outlined above.
- We may contact you as part of a fundraising effort. We may use health information about you to contact you in an effort to raise money for our office and its operations. We may disclose health information to a foundation related to us so that the foundation may contact you in raising money for our office. We would only release contact information, such as your name, address and phone number, and the dates you received treatment or services at our office. If you do not want us to contact you for fundraising efforts, you must notify Abundant Heaven Traditional Chinese Medicine in writing.

Your Health Information Rights

The health and billing records we maintain are the physical property of the office. The information in it, however, belongs to you. You have a right to:

- Request a restriction on certain uses and disclosures of your health information by delivering the request to our office -- we are not required to grant the request, but we will comply with any request granted;
- Request a restriction on disclosures of medical information to a health plan for purposes of carrying out payment
 or health care operations (and is not for purposes of carrying out treatment); and the PHI pertains solely to a
 health care service for which the provider has been paid out of pocket in full—we must comply with this request;
- Obtain a paper copy of the current Notice of Privacy Practices for Protected Health Information ("Notice") by making a request at our office;
- Request that you be allowed to inspect and copy your health record and billing record you may exercise this right by delivering the request to our office;
- Appeal a denial of access to your protected health information, except in certain circumstances;
- Request that your health care record be amended to correct incomplete or incorrect information by delivering a request to our office. We may deny your request if you ask us to amend information that:
 - Was not created by us, unless the person or entity that created the information is no longer available to make the amendment;
 - Is not part of the health information kept by or for the office/hospital;
 - Is not part of the information that you would be permitted to inspect and copy; or,
 - Is accurate and complete.

If your request is denied, you will be informed of the reason for the denial and will have an opportunity to submit a statement of disagreement to be maintained with your records;

- Request that communication of your health information be made by alternative means or at an alternative location by delivering the request in writing to our office;
- Obtain an accounting of disclosures of your health information as required to be maintained by law by delivering a request to our office/hospital. An accounting will not include uses and disclosures of information for treatment, payment, or operations; disclosures or uses made to you or made at your request; uses or disclosures made pursuant to an authorization signed by you; uses or disclosures made in a facility directory or to family members or friends relevant to that person's involvement in your care or in payment for such care; or, uses or disclosures to notify family or others responsible for your care of your location, condition, or your death.
- Revoke authorizations that you made previously to use or disclose information by delivering a written revocation to our office/hospital, except to the extent information or action has already been taken.
- Elect to opt out of receiving further fundraising communications from the office.

If you want to exercise any of the above rights, please contact our office staff at (408) 628-1888, 621 E. Campbell Ave., Campbell, CA 95008, in person or in writing, during regular, business hours. We will inform you of the steps that need to be taken to exercise your rights.

Your Health Information Rights Continued

Our Responsibilities

- Maintain the privacy of your health information as required by law;
- Provide you with a notice as to our duties and privacy practices as to the information we collect and maintain about you;
- Abide by the terms of this Notice;
- Notify you if we cannot accommodate a requested restriction or request; and,
- Accommodate your reasonable requests regarding methods to communicate health information with you.

We reserve the right to amend, change, or eliminate provisions in our privacy practices and access practices and to enact new provisions regarding the protected health information we maintain. If our information practices change, we will amend our Notice. You are entitled to receive a revised copy of the Notice by calling and requesting a copy of our "Notice" or by visiting our office and picking up a copy.

To Request Information or File a Complaint

If you have questions, would like additional information, or want to report a problem regarding the handling of your information, you may contact: Abundant Heaven Traditional Chinese Medicine at (408) 628-1888, 621 E. Campbell Ave., Campbell, CA 95008.

Additionally, if you believe your privacy rights have been violated, you may file a written complaint at our office by delivering the written complaint to Abundant Heaven Traditional Chinese Medicine. You may also file a complaint by mailing it or e-mailing it to the Secretary of Health and Human

Services, whose street address is: California Health and Human Services, 1600 Ninth Street, Room 460, Sacramento, CA 95814, (916) 654-3454.

- We cannot, and will not, require you to waive the right to file a complaint with the Secretary of Health and Human Services (HHS) as a condition of receiving treatment from our office.
- We cannot, and will not, retaliate against you for filing a complaint with the Secretary of Health and Human Services.

Other Disclosures and Uses

Notification

• Unless you object, we may use or disclose your protected health information to notify, or assist in notifying, a family member, personal representative, or other person responsible for your care, about your location, and about your general condition, or your death.

Food and Drug Administration (FDA)

We may disclose to the FDA your protected health information relating to adverse events with respect to
food, supplements, products and product defects, or post-marketing surveillance information to enable
product recalls, repairs, or replacements.

Your Health Information Rights Continued

Other Disclosures and Uses Continued

Workers Compensation

• If you are seeking compensation through Workers Compensation, we may disclose your protected health information to the extent necessary to comply with laws relating to Workers Compensation.

Public Health

As authorized by law, we may disclose your protected health information to public health or legal authorities
charged with preventing or controlling disease, injury, or disability; to report reactions to medications or problems
with products; to notify people of recalls; to notify a person who may have been exposed to a disease or who is at
risk for contracting or spreading a disease or condition.

Abuse & Neglect

We may disclose your protected health information to public authorities as allowed by law to report abuse or neglect.

Law Enforcement

We may disclose your protected health information for law enforcement purposes as required by law, such as when
required by a court order, or in cases involving felony prosecution, or to the extent an individual is in the custody
of law enforcement.

Judicial/Administrative Proceedings

• We may disclose your protected health information in the course of any judicial or administrative proceeding as allowed or required by law, with your authorization, or as directed by a proper court order.

Serious Threat

• To avert a serious threat to health or safety, we may disclose your protected health information consistent with applicable law to prevent or lessen a serious, imminent threat to the health or safety of a person or the public.

For Specialized Governmental Functions

• We may disclose your protected health information for specialized government functions as authorized by law such as to Armed Forces personnel, for national security purposes, or to public assistance program personnel.

Coroners, Medical Examiners, and Funeral Directors

• We may release health information to a coroner or medical examiner. This may be necessary, for example, to identify a deceased person or determine the cause of death. We may also release health information about patients of Covered Entities to funeral directors as necessary for them to carry out their duties.

Other Uses

Other uses and disclosures, besides those identified in this Notice, will be made only as otherwise required by law
or with your written authorization and you may revoke the authorization as previously provided in this Notice
under "Your Health Information Rights."

Website

• If we maintain a website that provides information about our entity, this Notice will be on the website.

Effective Date: 07-13-2013

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(408) 628-1888



Acknowledgement of Receipt of Notice of Privacy Practices

I acknowledge that I have received a copy of Provider's Notice of Privacy Practices with the effective date of 07-13-2013.

NOTICE: BY SIGNING THIS CONTRACT, YOU ARE ACKNOWLEDGING YOUR RECEIPT OF, UNDERSTANDING OF, AND AGREEMENT TO THESE PRIVACY POLICIES.

Patient Signature: X	(Date)
(Or Patient Representative)	
Relationship to Patient:	
I,	, do hereby authorize the release of my medical
information and / or files by the medical practitioners to the following:	at Abundant Heaven Traditional Chinese Medicine
(name of individual, institution, or organization)	
(name of individual, institution, or organization)	
(name of individual, institution, or organization)	
Patient Name (Printed):	
Patient Signature: X (Or Patient Representative)	(Date)
Relationship to Patient:	